

WELCOME TO YOUR PENSION

QUICK START GUIDE

As your pension provider, we're here to help you make the most of your workplace pension. But, first things first, let's get you set up online to review or make updates to your pension. In this quick guide you'll find all you need to get started.



SCOTTISH WIDOWS



EXPLORE

CHECK IN

TAKE FIVE

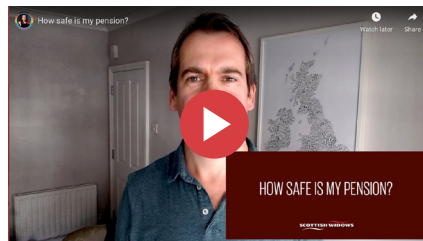
GET IN TOUCH

EXPLORE

Your dedicated website is full of useful tools and resources to help you get familiar with your new pension. It's easy to view and manage your pension online.

www.scottishwidows.co.uk/gpp

You can also watch our 60 second Pension Basics films, get the experts' take on key questions with our Expert Sessions, and let us break down retirement planning into simple and manageable steps to help you plan.



For our full list of films visit [Pensions Basics](#) or [Expert Sessions](#).

CHECK IN

So your new pension is all set up – but where can you check it? Your online services make managing your pension easy:



check and update your personal details



see the value of your pension pot



review your contributions and make changes to where your fund is invested



manage your beneficiaries.

Log in at
www.scottishwidows.co.uk/personal



EXPLORE

CHECK IN

TAKE FIVE

GET IN TOUCH

TAKE FIVE

TIME TO TAKE STOCK

Here are a few quick and simple things to tick off your list that should take less than 5 minutes.



Make a note of your pension details and keep these safe and confidential.



Nominate your beneficiaries by logging in online.



Write a list of any other existing pensions you have already as you may want to consolidate these going forward.

You'll find all the information you need on your dedicated website.

www.scottishwidows.co.uk/gpp

GET IN TOUCH

If you have any questions or need a little extra support, we're always here to help.



Call our helpline on
0345 755 6557



Speak to your employer
or scheme adviser



Explore your online service at
www.scottishwidows.co.uk/personal



Have a look at our FAQs
www.scottishwidows.co.uk/pensionfaqs

